



Waterford Wrestling Club Open Tournament SUNDAY, MARCH 7, 2010

[Waterford Kettering High School](#)

2800 Kettering Drive
Waterford, MI 48329

WEIGH-INS: Ages 5-10: 7:00-8:00am Wrestling starts at 9:30am
Ages 11-14: 8:00-9:00am Wrestling starts after Round 2 of 9-10 age group.

ENTRY FEE: \$9 per wrestler.

ADMISSION: Immediate Family - \$9 Adults - \$5 Children 5- 18 - \$1 Under 5 - Free

LIMIT: 600 wrestlers.

CALL IN: **Call-In Dates:** Monday, February 22nd through Wednesday, March 3rd
Email: waterfordwc@ketteringwrestling.com
Phone: Robert Scriptor (248) 673-9601

WEIGHTS: Age as of December 31, 2009.

5-6: 37, 40, 43, 46, 49, 52, 55, 58, 61, 63, 67, HWT

7-8: 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, HWT

9-10: 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, HWT

11-12: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, HWT

13-14: 75, 80, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, HWT

RULES: MMWA modified high school rules.
Singlet or T-shirt and shorts must be worn.
Absolutely no metal! Mouth guards required for braces.
5-6, 7-8, 9-10 wrestle (3) 1 minute periods.
11-12, 13-14 wrestle (3) 1 ½ minute periods.
If there are less than three wrestlers in a weight class, the host club reserves the right to move them up ONE weight class in the same age group except for heavyweights.

TOURNAMENT RULES: Only 2 coaches per mat. All other spectators shall be seated in the bleachers.
Any person operator video equipment mat side will be considered a coach. All video equipment must be handheld.

Wrestlers must leave the mat area at the end of their match.

All wrestlers, coaches, parents, and spectators are expected to demonstrate good sportsmanship,

PENALTY: Failure to follow tournament rules will lead to expulsion from the tournament or forfeit of the match.

Concessions will be sold all day starting at 7:00am.